

Botox® Pre- Post Treatment Guidelines

1. At least 2 weeks prior to treatment avoid Aspirin, Motrin, Ibuprofen, Alieve, Advil, or other NSAIDS(anti-inflammatories)
2. Discontinue Vitamin E supplements or herbal remedies such as Ginko Biloba, St. Johns Wort, etc at least 2 weeks prior to treatment.
3. Patients who are taking Coumadin, or Plavix need to notify us prior to treatment.
4. You make take 2 extra strength Tylenol 30 minutes before you appointment.

Post Treatment Guidelines

1. Remain upright for 4 hours, no lying down.
2. Avoid manipulating the area/areas for 4 hours.
3. Frown and smile as you normally would after the treatment.
4. Up to one week may be required for onset of action.
5. Follow up is generally 1 month to assess the degree of effectiveness or sooner if there are any problems.
6. Do not Rub areas where Botox was administered.