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BLEPHAROPLASTY (EYELID LIFT)

PRIOR TO YOUR BLEPHAROPLASTY SURGERY:

-You will be instructed to refrain from **Aspirin** or **Aspirin containing products**, such as **Advil, Motrin, Alka Seltzer, Bufferin, Dristan, Excedrin, and Midol**. You will also need to refrain from **Vitamin E, St. John Wort, Ginseng, and Ginko Biloba** for **AT LEAST 2-3 weeks prior to surgery** as these can cause more bleeding during surgery. For pain and discomfort, use Tylenol only.

-You will be instructed to **refrain from eating, drinking anything after midnight** the night before your surgery.

-Dr. Barone likes for all of her patients to have **an eye exam prior to surgery** by an Optometrist or Ophthalmologist.

-You will need to make arrangements to have someone bring you the day of surgery and to take you home after the procedure.

-You will be sent home with prescription for a relaxant, antibiotics, and pain medication. Please have these filled prior to your procedure.

-If you're a smoker, you will need to quit for at least three months prior to the surgery and for at least 6 weeks after the surgery. **SMOKING SLOWS HEALING AND INCREASES YOUR RISK OF TISSUE NECROSIS OR TISSUE DEATH.**

THE DAY OF YOUR BLEPHAROPLASTY SURGERY

-Your surgery will take about 1-2 hours.

-You will check in at the clinic or outpatient surgery center and inform them that you have a minor operating room procedure with Dr. Barone.

-You may be asked to arrive approximate one hour early to sign consents for your procedure.

-You will be seen the next day in clinic for a follow up. If you have any question or concerns regarding this appointment, contact us at (210)614-0400



AFTER YOUR BLEPHAROPLASTY SURGERY

- You will be contacted by Dr. Barone on the evening of your surgery. Please be sure that she has your correct contact information.
- You will be sent home with a prescription for antibiotics. Please take the entire course as prescribed.
- You will be instructed to use artificial tears during the day and ointment at night until our eyes are no longer irritated. Intermittent blurry vision may occur during the first month after surgery.
- You will be able to take a shower 24 hours after the procedure. You will be instructed to take a cool (not hot) shower, try to avoid water on your face. You will be further instructed to use your hair dryer on a cool setting to dry the steri-strips each time you get out of the shower, which prevents the skin from getting macerated.
- Your first set of sutures will be taken out on the third day after your surgery during an office appointment.
- Your eyes may be swollen and bruised for the first few weeks after surgery. This swelling is normal and will disappear with time. You may ice them for the first 72 hours. (Frozen corn works best).
- You may feel best sleeping in a recliner for the first few days.
- You will need to request off work for at least 1-2 weeks after the surgery.
- When bending, bend at your knees, not with your head down.
- You will not be able to wear contacts for the first few weeks after surgery.

CALL YOUR DOCTOR FOR:

- For any redness or drainage from around the incisions after the dressing is removed.**
- For skin hot to touch around the incisions or a temperature of >101F.**
- For pain not relieved by your pain medication.**
- For excessive swelling excessive bleeding, or loss of vision.**

For further questions and information please call Dr. Barone's office at: 210-614-0400